

MEMBER NEWSLETTER

DECEMBER 2024



PARK CITY
BLACK DIAMOND GYM

Thank you to everyone who submitted their response to our survey!

Check out the front hallway of the Park City gym to read what other parents and kids had to say about our amazing staff members.



What's Coming Up

Holiday Schedule Changes

The gym will be closed
Thu, Nov 28 - Sat, Nov 30 for Thanksgiving

The gym will be closed
Tuesday, Dec 24 - Wednesday, Jan 1
for the holidays

Enjoy your break!



What's Coming Up

KIDS NIGHT OUT

BABY IT'S
COLD
OUTSIDE!



Friday, December 13
6:30 pm - 9:30 pm

Games, music, friends, and FUN!
For kids ages 5-14

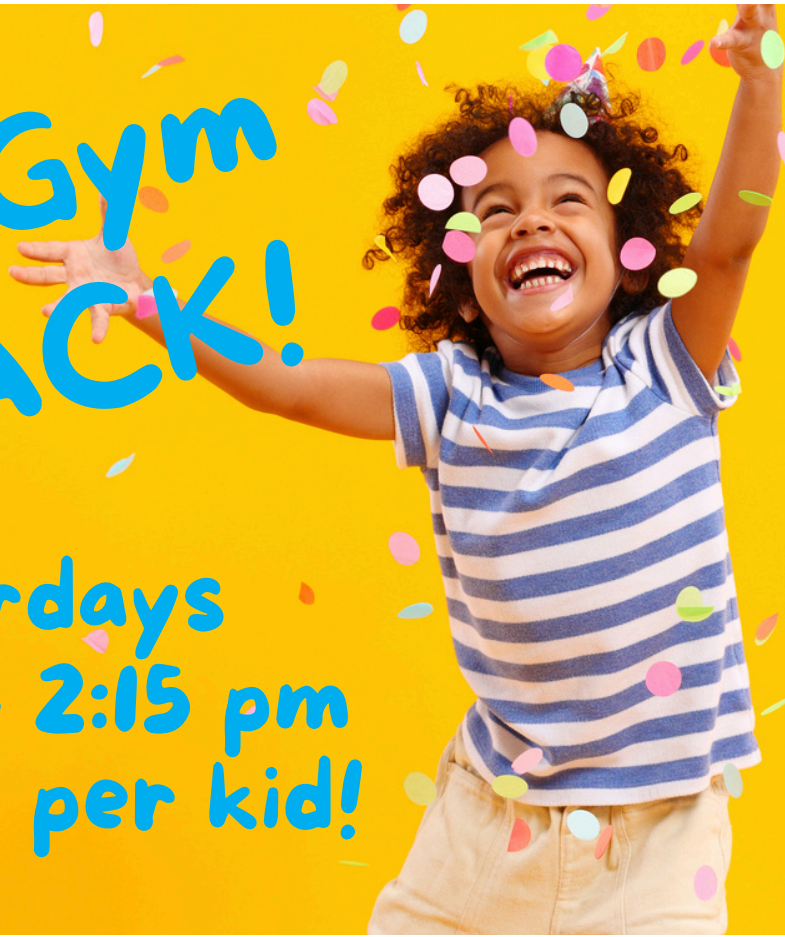
Registered attendees
can bring a coat to
donate and receive
a **FREE PASS** for an
upcoming Open Gym
session in January.



We've Got BIG News

Open Gym
is BACK!

Saturdays
1:15 pm - 2:15 pm
Only \$15 per kid!



Kids ages 5 - 18 can work out and play under the supervision of our trained staff, including access to the big blue floor, plus:

- Trampolines
- Tumble Track
- Foam pit
- And more!

Our open gyms offer the opportunity for all kids, including team athletes, to come in and work on their skills in a safe and fun environment! While our gym safety rules still apply, athletes are able to use all available equipment and play at their own pace. Coaches are present in the gym at all times and are able to assist athletes with anything they need.



Registration required weekly.
Scan the QR code for info and to get started.

NEW! BDG Holiday Gift Shop



Visit our new
BDG gift shop
to find warm
and cozy gifts
for all ages!

Place your order by Dec 1 to
receive it in time for Dec 25.

Athlete Leader of the Month - Emily Ho



Known for her positive attitude and natural ability to influence others, Emily leads by example with her work ethic and commitment to the sport of artistic gymnastics.

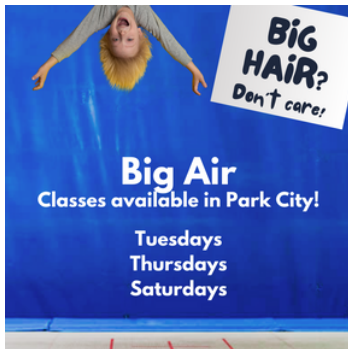
Despite recently recovering from ankle surgery, Emily hasn't let the setback slow her down. She remains motivated, focusing on conditioning and staying dedicated to her training.

Emily's positive influence extends beyond the gym as well. She's involved with the National Charity League, where she gives back to her community through multiple service projects. Her favorite has been working on the Little Miracles project, where she's able to make a meaningful impact on the lives of others.

Emily's dedication, resilience, and positive energy make her a natural leader, both in the gym and in her community. Congratulations to Emily for being recognized as Athlete Leader of the Month—a well-deserved honor for someone who consistently shines!



Classes Available



Whether your kids are walking, running, or already flipping themselves around at home, we've got the classes for each one!

Check out our website for the full list of class types by description, ages, days and times.



Welcome Our New Staff Members

Next time you're in the Park City gym, say hello to our new crew:

- Kristi - Events Lead and Coach
- Alexis - Artistic Team Coach
- Angelo - Gym Kids and Rec Coach
- Paige - Rec Coach
- Gracie - Gym Kids and Rec Coach
- Madelyn - Customer Service Lead and Right Start Assistant

Positions Available

Come work with some of the greatest people you'll ever meet, and make a difference in the lives of kids in our community.

Calling all parents!

Work part-time while your kids are at school

Work part-time in the afternoon while your kids attend class

Ask about discounts available for your family!

